



60 THREE BRIDGES LOOP



Let's Go Biking
EASY RIDES, WALKS & RUNS AROUND VANCOUVER

PORT COQUITLAM • SURREY • PITT MEADOWS Greenways, hardpacked trails, shared roads **50km**

Enjoy three bridges, three parks, and three greenways on this loop around the Fraser River. Ride over the Port Mann Bridge, through Surrey, over the Golden Ears Bridge, along the Pitt River Greenway, and the Poco Trail.

START at Colony Farm Park - park at Lougheed & Colony Farm Rd - Port Coquitlam

- 1 WEST** then **SOUTH** on Perimeter Trail, through tunnel, **RIGHT** to bridge
- At United Blvd follow signs **SOUTH** over Port Mann Bridge

SURREY

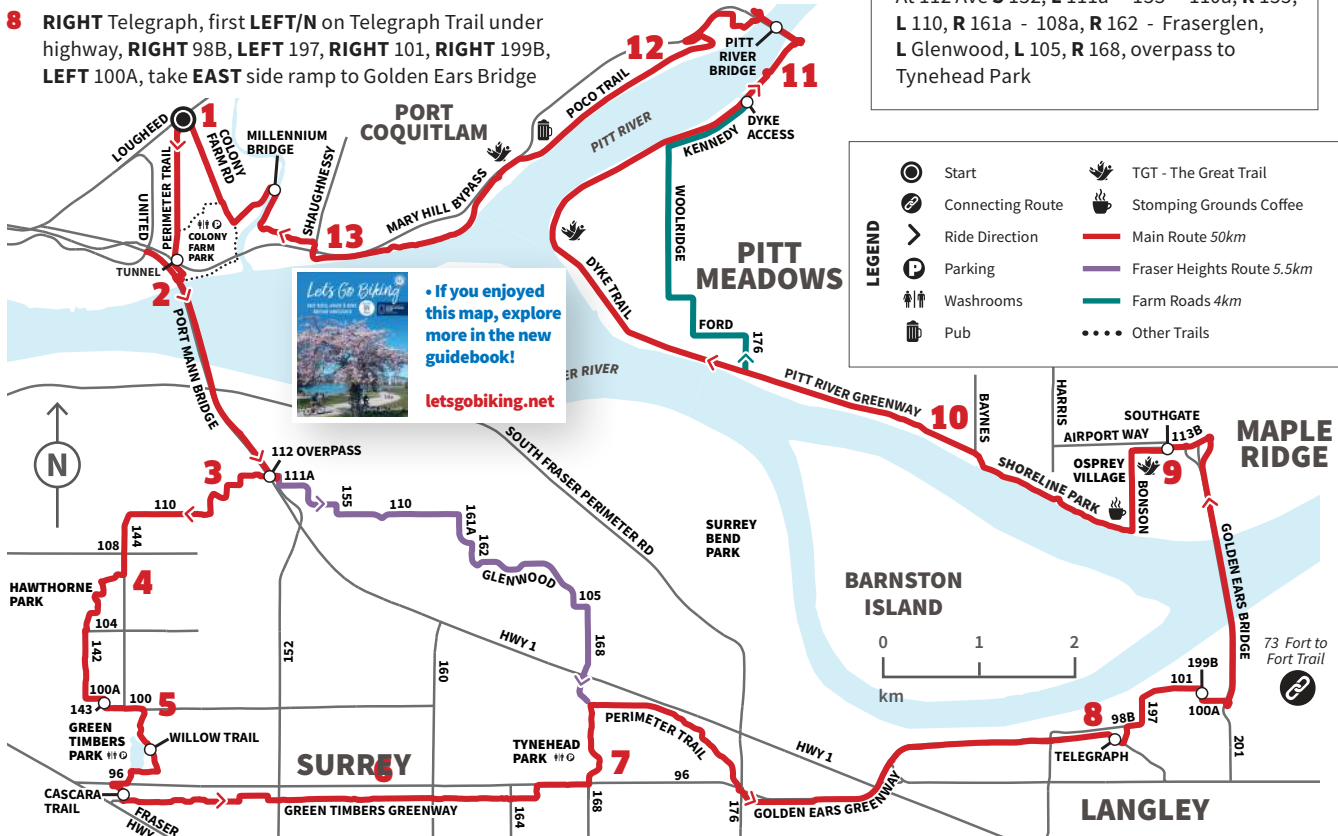
- 3 WEST** 112 overpass, follow signed **Neighbourhood Route** to 144 Ave
- 4 LEFT/S** 144, cross 108, enter Hawthorne Park, **SOUTH** on trail to SE corner, cross 104, **SOUTH** 142, **LEFT/E** 100A, **RIGHT** 143
- 5 LEFT/E** on 100 Ave path, enter Green Timbers Park, **SOUTH** Willow Trail, at SW corner of park cross 96 at light, **SOUTH** Cascara trail
- 6 LEFT/E** Green Timbers Greenway - 5km
- 7 LEFT/N** 168, enter Tynehead Park, **NORTH** Tynehead perimeter path, **RIGHT/E** on path, cross 176 and 96, **LEFT/E** Golden Ears Greenway
- 8 RIGHT** Telegraph, first **LEFT/N** on Telegraph Trail under highway, **RIGHT** 98B, **LEFT** 197, **RIGHT** 101, **RIGHT** 199B, **LEFT** 100A, take **EAST** side ramp to Golden Ears Bridge

PITT MEADOWS

- 9 LEFT/W** 113B - Airport Way overpass, **LEFT/S** Southgate, quick **RIGHT** on TGT - The Great Trail - parallels Airport Way, **LEFT/S** Bonson, **RIGHT/W** Shoreline Park trail *Osprey Village - Stomping Grounds Coffee
- 10 WEST** Pitt River Greenway keep left on riverside path, **LEFT/W** dyke trail, at 176th choose:
 - a) WEST** dyke trail
 - b) FARM ROADS 4km:** R 176, L Ford, R Woodridge, N Kennedy, access dyke
- After going under Pitt River Bridge, sharp **RIGHT** on path, cross bridge

POCO

- 12 RIGHT** trail, under bridge, follow signs **SOUTH** Poco Trail - 6 km
- 13 NORTH** Shaughnessy across Mary Hill Bypass, enter Colony Farm on Poco Trail, **LEFT** Millennium Bridge, past community gardens, **NORTH** on Colony Rd Trail back to start



FRASER HEIGHTS ALTERNATE ROUTE 5.5km:
At 112 Ave **S** 152, **L** 111a - 153 - 110a, **R** 155, **L** 110, **R** 161a - 108a, **R** 162 - Fraser Glen, **L** Glenwood, **L** 105, **R** 168, overpass to Tynehead Park

• If you enjoyed this map, explore more in the new guidebook!
lets gobiking.net

DISCLAIMER: This map is a route aid, not to scale, does not show all roads and trails. Information was accurate when printed, but things change! Author/Publisher disclaim any liability with use of information; your safety is your responsibility, be safe and have FUN! If you enjoyed this map, please consider purchasing the guidebook or ebook to support mapping and cycling advocacy. Check for updates, report corrections - www.lets gobiking.net ©Colleen MacDonald 2018 | updated 2019-03-01