



22 BMUT - BURNABY MOUNTAIN URBAN TRAIL

BURNABY Paved and separated greenway 8.5km one way • 17km return

The Burnaby Mountain Urban Trail - BMUT is fine anytime of the year, but especially on crisp fall days riding through piles of leaves. It's an easy route - mostly flat on a paved and separated greenway. There are lunch options at Burnaby Mountain Golf course or along Hastings Street.

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EASY RIDES, WALKS & RUNS AROUND VANCOUVER
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• Enjoyed this map? Explore more in the new guidebook!

START at Lougheed Skytrain or park near Cameron Park - Burnaby

- Exit Skytrain west side, **NORTH** on Lougheed Mall path, **LEFT** mall road, **RIGHT/N** Bartlett then Erickson
- Loop through Cameron Park *visit dragon at SW corner, exit park at Beaverbrook and Noel
- *STONEY CREEK TRAIL 2.5km**: go exploring **W** on Beaverbrook, **R** on trail
- At Beaverbrook **LEFT/S** Noel, **RIGHT/W** Cameron, **LEFT** Keswick, **RIGHT** BMUT - Burnaby Mountain Urban Trail, stay right at trail fork
- Follow BMUT: **L** Eastlake, **R** Underhill, **L** Broadway, **R** Arden, cross Duthie
- At Hastings, return via same route
*or take overpass and TGT along Hastings - lunch!

19 Burnaby Scenic & Adanac Bikeway
23 BMUT to Gastown

