

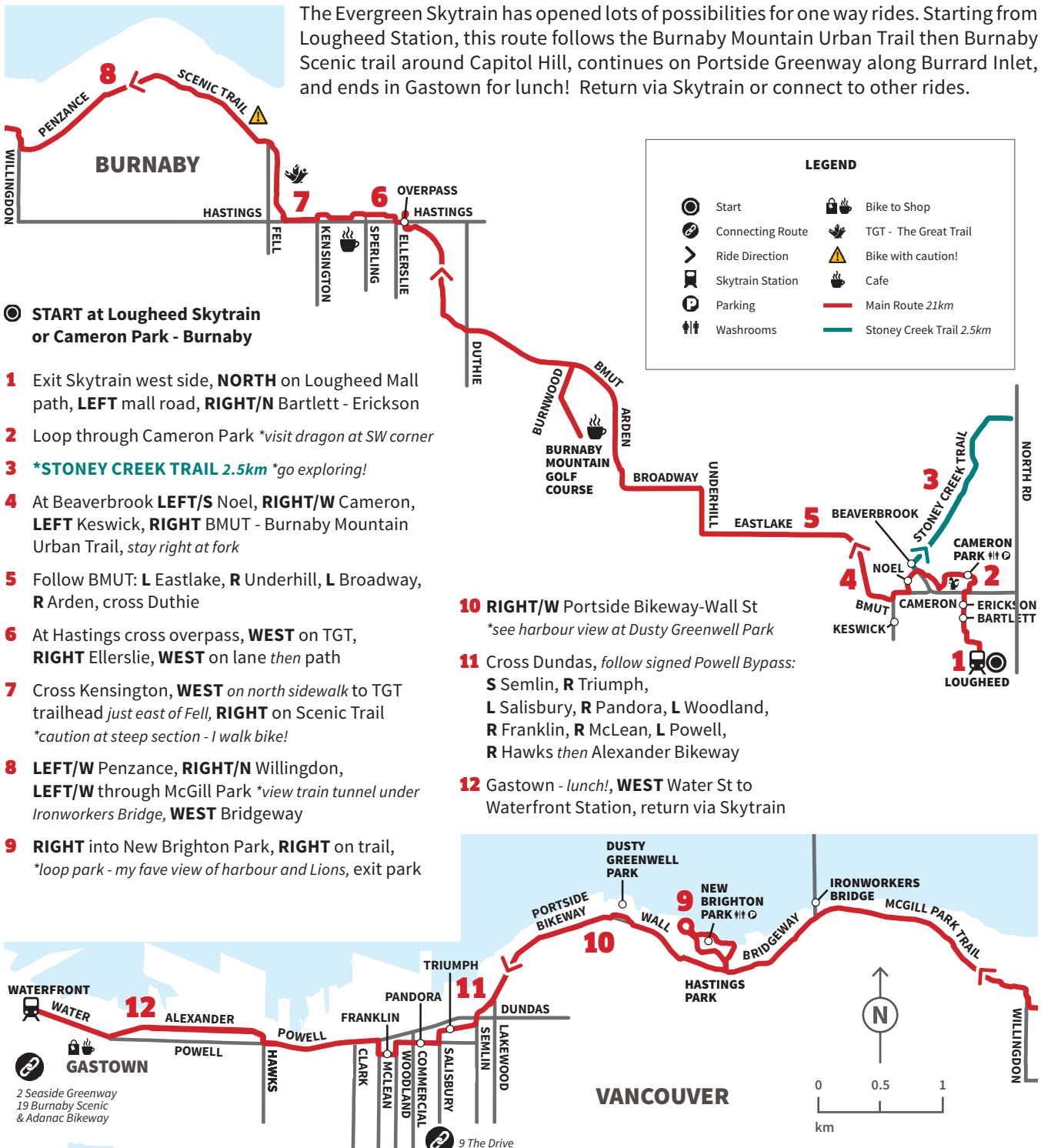


23 BMUT TO GASTOWN

BURNABY • VANCOUVER *Hardpacked trails, quiet shared roads* **21km one way**

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The Evergreen Skytrain has opened lots of possibilities for one way rides. Starting from Lougheed Station, this route follows the Burnaby Mountain Urban Trail then Burnaby Scenic trail around Capitol Hill, continues on Portside Greenway along Burrard Inlet, and ends in Gastown for lunch! Return via Skytrain or connect to other rides.



START at Lougheed Skytrain or Cameron Park - Burnaby

- 1** Exit Skytrain west side, **NORTH** on Lougheed Mall path, **LEFT** mall road, **RIGHT/N** Bartlett - Erickson
- 2** Loop through Cameron Park **visit dragon at SW corner*
- 3** ***STONEY CREEK TRAIL 2.5km** **go exploring!*
- 4** At Beaverbrook **LEFT/S** Noel, **RIGHT/W** Cameron, **LEFT** Keswick, **RIGHT** BMUT - Burnaby Mountain Urban Trail, *stay right at fork*
- 5** Follow BMUT: **L** Eastlake, **R** Underhill, **L** Broadway, **R** Arden, cross Duthie
- 6** At Hastings cross overpass, **WEST** on TGT, **RIGHT** Ellerslie, **WEST** on lane then path
- 7** Cross Kensington, **WEST** on north sidewalk to TGT trailhead *just east of Fell*, **RIGHT** on Scenic Trail **caution at steep section - I walk bike!*
- 8** **LEFT/W** Penzance, **RIGHT/N** Willingdon, **LEFT/W** through McGill Park **view train tunnel under Ironworkers Bridge*, **WEST** Bridgeway
- 9** **RIGHT** into New Brighton Park, **RIGHT** on trail, **loop park - my fave view of harbour and Lions, exit park*

- 10** **RIGHT/W** Portside Bikeway-Wall St **see harbour view at Dusty Greenwell Park*
- 11** Cross Dundas, *follow signed Powell Bypass:* **S** Semlin, **R** Triumph, **L** Salisbury, **R** Pandora, **L** Woodland, **R** Franklin, **R** McLean, **L** Powell, **R** Hawks then Alexander Bikeway
- 12** Gastown - lunch!, **WEST** Water St to Waterfront Station, return via Skytrain

2 Seaside Greenway
19 Burnaby Scenic
& Adanac Bikeway