

# 46 POCO TRAIL

**PORT COQUITLAM** Hardpacked dyke trail **25km • 35km**

SINGLE COPY FOR PERSONAL USE ONLY



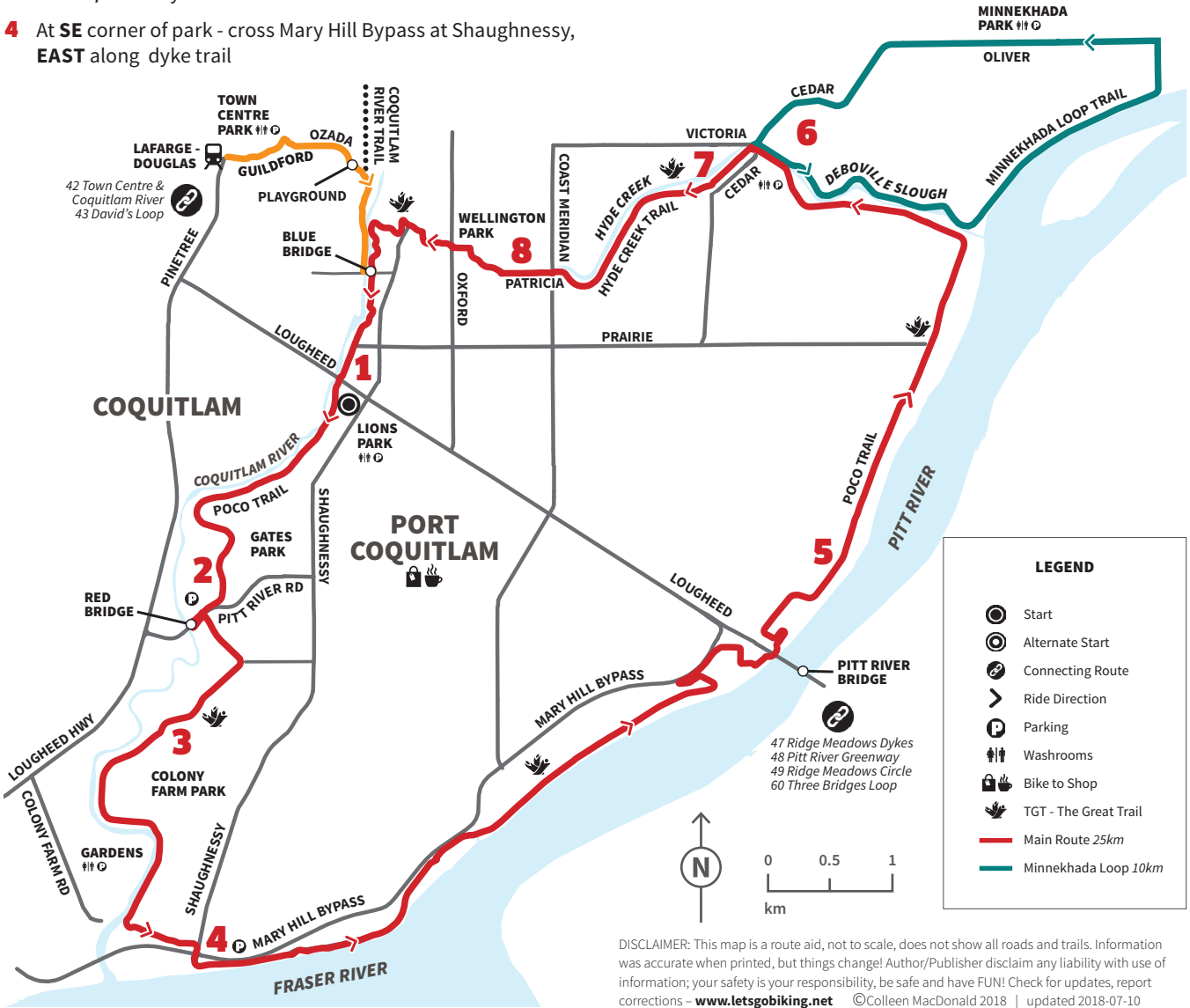
The Poco Trail is one of the most popular rides in Metro Vancouver. It's flat, off road, and scenic...the perfect combo for a great day. The trail circles Port Coquitlam weaving through parks and on the dykes of three rivers: Coquitlam, Pitt, and Fraser. The route has many starting points and is Skytrain accessible.

**FROM SKYTRAIN:** E Guildford then Ozada, at playground **R/S** Coquitlam River Trail, **L** across Blue Bridge, **R/S** Poco Trail to Lions Park

**START at Lions Park Lougheed & Shaughnessy - Port Coquitlam**

- 1** From Lions Park **SOUTH** on Poco Trail
- 2** At Pitt River Road take trail under Red Bridge, **RIGHT/S** Poco trail
- 3** **RIGHT/S** Colony Farm Park
- 4** At **SE** corner of park - cross Mary Hill Bypass at Shaughnessy, **EAST** along dyke trail

- 5** At Pitt River Bridge **NORTH** along Pitt River
- 6** **\*MINNEKHADA LOOP • 10km**  
**RIGHT/E** DeBoville Slough Trail, **L** Oliver (may be closed for bears)
- 7** At Cedar and Victoria **SOUTH** on trail parallel to road, **RIGHT/W** Hyde Creek trail
- 8** **WEST** Patricia, follow signs through Wellington Park, **LEFT/S** Coquitlam River back to Lions Park



DISCLAIMER: This map is a route aid, not to scale, does not show all roads and trails. Information was accurate when printed, but things change! Author/Publisher disclaim any liability with use of information; your safety is your responsibility, be safe and have FUN! Check for updates, report corrections - [www.lets gobiking.net](http://www.lets gobiking.net) ©Colleen MacDonald 2018 | updated 2018-07-10