



# 46 POCO TRAIL



## Let's Go Biking

EASY RIDES, WALKS & RUNS AROUND VANCOUVER

**PORT COQUITLAM** Hardpacked dyke trail 25km • 35km

The Poco Trail is one of the most popular rides in Metro Vancouver. It's flat, off road, and scenic...the perfect combo for a great day. The trail circles Port Coquitlam weaving through parks and on the dykes of three rivers: Coquitlam, Pitt, and Fraser. The route has many starting points and is Skytrain accessible.

**FROM SKYTRAIN:** E Guildford then Ozada, at playground R/S Coquitlam River Trail, L across Blue Bridge, R/S Poco Trail to Lions Park

**START at Lions Park Lougheed & Shaughnessy - Port Coquitlam**

- 1 From Lions Park **SOUTH** on Poco Trail
- 2 At Pitt River Road take trail under Red Bridge, **RIGHT/S** Poco trail
- 3 **RIGHT/S** Colony Farm Park
- 4 At **SE** corner of park - cross Mary Hill Bypass at Shaughnessy, **EAST** along dyke trail

- 5 At Pitt River Bridge **NORTH** along Pitt River
- 6 **\*MINNEKHADA LOOP • 10km**  
**RIGHT/E** DeBoville Slough Trail, **L** Oliver (may be closed for bears)
- 7 At Cedar and Victoria **SOUTH** on trail parallel to road, **RIGHT/W** Hyde Creek trail
- 8 **WEST** Patricia, follow signs through Wellington Park, **LEFT/S** Coquitlam River back to Lions Park



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[lets gobiking.net](http://lets gobiking.net)

FOR RECENT DETOURS - CHECK BLOG GOOGLE MAP

DISCLAIMER: This map is a route aid, not to scale, does not show all roads and trails. Information was accurate when printed, but things change! Author/Publisher disclaim any liability with use of information; your safety is your responsibility, be safe and have FUN! If you enjoyed this map, please consider purchasing the guidebook or ebook to support mapping and cycling advocacy. Check for updates, report corrections - [www.lets gobiking.net](http://www.lets gobiking.net) ©Colleen MacDonald 2018 | updated 2019-03-01