



6 BIKE THE BRIDGE



VANCOUVER • NORTH VANCOUVER Trails, bikeways, shared roads, Seabus, bridge **20km loop**

Ride the SeaBus to Lonsdale Quay, explore the North Shore Spirit Trail, ride over Lions Gate Bridge, and cruise through Stanley Park trails on this tour of the Port of Vancouver. Mostly flat on bikeways, trails, and quiet roads — this is one fun ride!

Let's Go Biking
EASY RIDES, WALKS & RUNS AROUND VANCOUVER
lets gobiking.net

• Enjoyed this map? Explore more in the new guidebook!

START at Waterfront Skytrain - Vancouver

- 1 Enter SeaBus at Waterfront Station - Ride to North Vancouver!
- 2 **RIGHT/E** walk bikes through Lonsdale Quay, **RIGHT/E** on Spirit Trail to Burrard Pier *go to end of pier to see view - say Wow!
- 3 Retrace Spirit Trail **WEST** on Carrie Cates path through bus terminal, **LEFT/S** Chesterfield, at Chadwick **RIGHT/W** on Waterfront Park seawall, **LEFT/W** at The Great Trail Pavilion, enter Gateway to Ancient Wisdom, ride to end
- 4 **FUTURE BRIDGE DETOUR:** Retrace to Gateway, **NORTH** across tracks, **L** Esplanade, **R** Delbruck, **L** 3rd, **L** 2nd, **L** Bewicke
- 5 **WEST** through Kings Mill Walk *lunch at Thomas Haas

- 6 **NORTH** across overpass, follow Spirit Trail **LEFT/W** 1st, Welch Park, **WEST** to Lions Gate Bridge
- 7 Follow bike path up to Lions Gate Bridge: **BIKE THE BRIDGE!** At bridge south end, at Lions Statue, choose route **8** or **9**:
- 8 ***MORE FUN! STANLEY PARK TRAILS:** sharp **RIGHT** on trail up to Prospect Point (not Seawall), **SOUTH** at crosswalk, **RIGHT** Prospect Trail, **LEFT/S** Bridle Trail, **LEFT/E** Rawlings, cross North Lagoon Dr, **EAST** Lagoon Bikeway, **NORTH** through Causeway tunnel
- 9 ***or CAUSEWAY:** **S** Causeway Bikeway, **R** on trail to North Lagoon Dr, **LEFT** through tunnel
- 10 At Devonian Park, go **EAST** Seaside Greenway along Coal Harbour, around Convention Center, **LEFT/E** Canada Place Way, **RIGHT/S** Howe, **LEFT** Cordova back to Waterfront Station

