



# 79 NICOMEKL



**LANGLEY** Paved path, hardpacked and singletrack trails **7km - 13km**



I love the name of this one...Nicomekl...from the Stó:lō people, it means *the route to go* or *the pathway*. The Nicomekl River starts from a spring east of Langley and meanders west to Mud Bay near Crescent Beach. Explore this section of this long river on Langley's Flood Plain Trail and loop the nature trails.

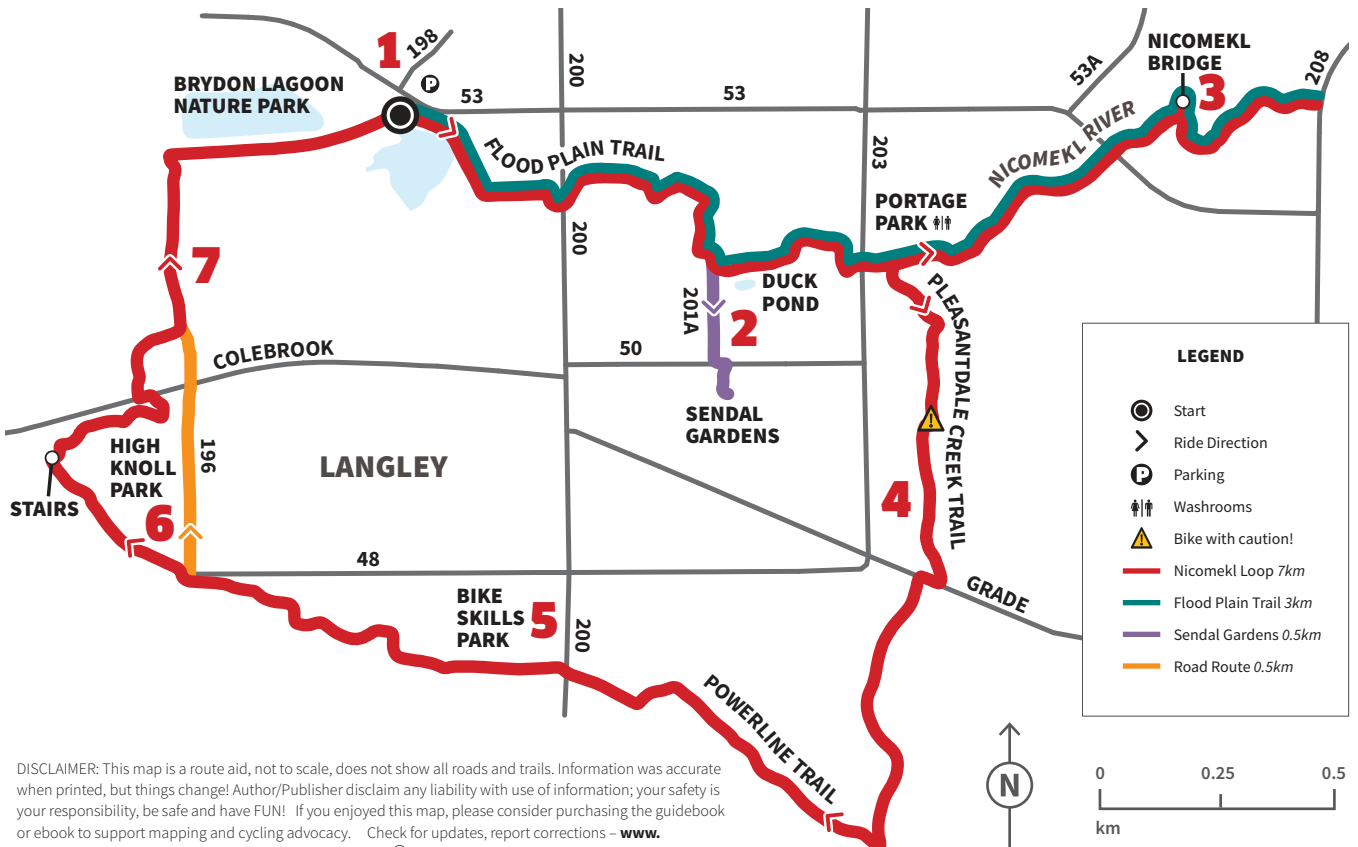
📍 **START** at 53rd Ave & 198 St - Langley

## FLOOD PLAIN TRAIL • 3km one way • 6km return ●

- 1 EAST** on Flood Plain Trail
- 2 \*SENDAL GARDENS:** at Duck Pond: **S** to 201A, **L** 50
- 3** Continue **EAST** to 208, \*visit Portage Park, Nicomekl Bridge, retrace route

## NICOMEKL LOOP • 7km loop ◆

- 4 SOUTH** Pleasantdale Creek Trail - singletrack, cross Grade St, **SOUTH** on trail
- 5 RIGHT/W** Powerline Trail, cross 200 at light, ride Bike Skills Park, **WEST** on trail
- 6** At 48 Ave and 196 St, two choices:
  - a) HIGH KNOLL TRAILS:** more fun - lift bike on small stairs
  - b) FLAT ROAD:** **R** 196, cross Colebrook, enter High Knolls trails
- 7** Cross Colebrook, north on trail \*visit Brydon Lagoon Park, **NORTH** on trail back to start



DISCLAIMER: This map is a route aid, not to scale, does not show all roads and trails. Information was accurate when printed, but things change! Author/Publisher disclaim any liability with use of information; your safety is your responsibility, be safe and have FUN! If you enjoyed this map, please consider purchasing the guidebook or ebook to support mapping and cycling advocacy. Check for updates, report corrections - [www.letsgobiking.net](http://www.letsgobiking.net)  
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