

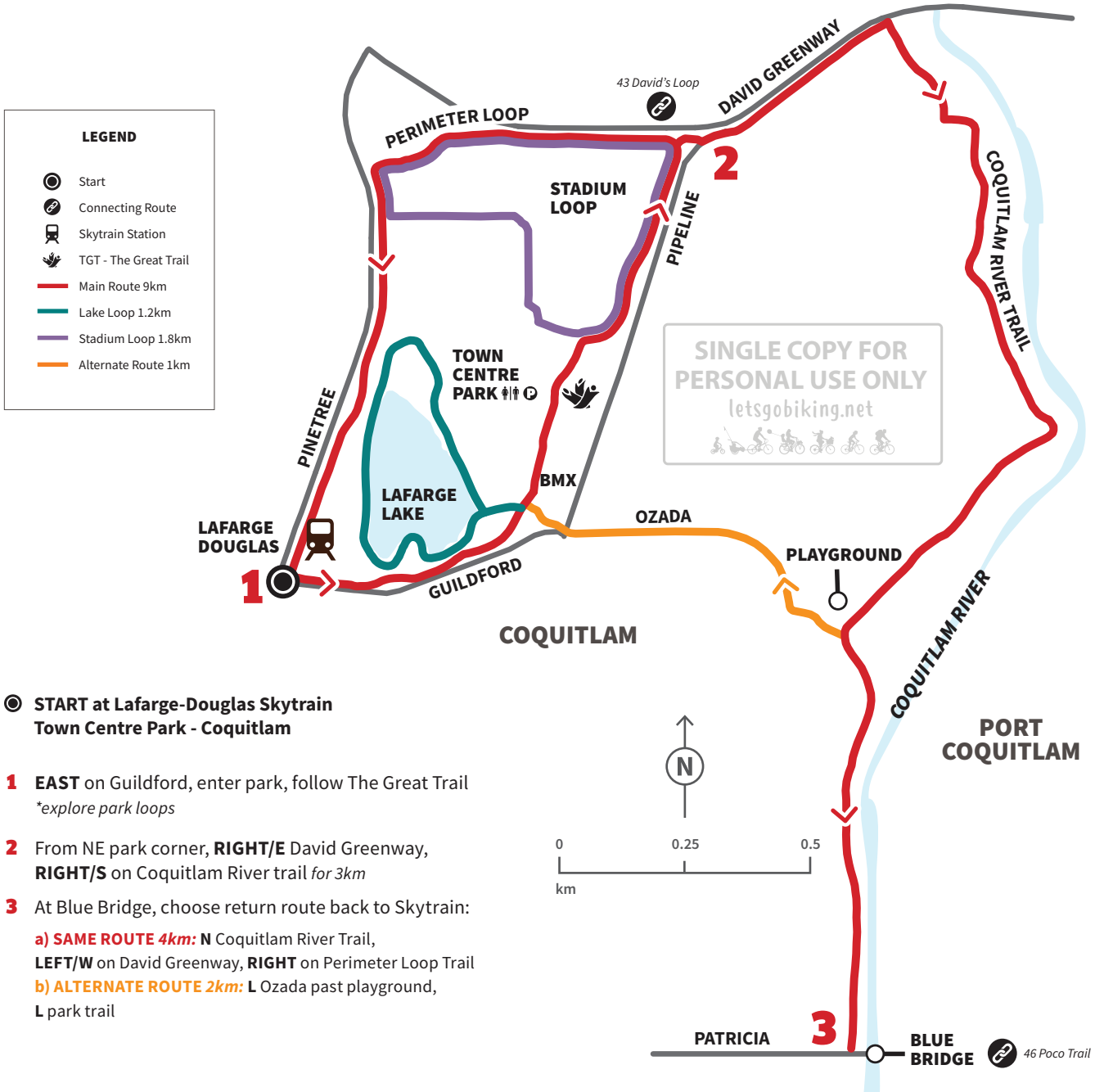


42 TOWN CENTRE & COQUITLAM RIVER

COQUITLAM Paved and hardpacked trails 9km route



Explore Town Centre Park and the Coquitlam River on this easy ride. Accessible by Skytrain, the park has many paved trails and a BMX park — great for beginners. Linking east from the park is the Coquitlam River trail, a nice woodsy ride along the river and it's part of The Great Trail. It's a good ride for a hot summer evening or in the fall when the leaves crunch under tires. At the Blue Bridge, connect to the Poco Trail route for a longer ride.



● **START** at Lafarge-Douglas Skytrain
Town Centre Park - Coquitlam

1 EAST on Guildford, enter park, follow The Great Trail
**explore park loops*

2 From NE park corner, **RIGHT/E** David Greenway,
RIGHT/S on Coquitlam River trail for 3km

3 At Blue Bridge, choose return route back to Skytrain:
a) SAME ROUTE 4km: N Coquitlam River Trail,
LEFT/W on David Greenway, **RIGHT** on Perimeter Loop Trail
b) ALTERNATE ROUTE 2km: L Ozada past playground,
 L park trail