



4 STANLEY PARK

VANCOUVER Paved bike path, hardpacked trails 10km • 12km



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The Stanley Park Seawall is Vancouver's most famous ride. Part of The Great Trail, dozens of people ride this popular route every day, especially on weekends. Once the kids are confident on their bikes this is a great ride. There's lots to see and do in Stanley Park — Aquarium, totem poles, gardens, lighthouse, and so much more! Explore the many park trails under the shade of tall cedars or enjoy a picnic at one of the beaches - a perfect ride for a hot summer day.

📍 **START at Denman & Georgia - Vancouver**

STANLEY PARK SEAWALL • 10km loop

- 1 WEST** on Seaside Greenway through Devonian Park
- 2 RIGHT** on Stanley Park Seawall - *one way route* - past Brockton Point, Lumberman's Arch, under Lions Gate Bridge, Siwash Rock, **SOUTH** past Third Beach
- 3** At Second Beach playground, **LEFT/E** on Lagoon Bikeway, **NORTH** through Causeway tunnel, **RIGHT/E** Seaside Greenway, back to start

STANLEY PARK TRAILS • 12km route

- 1 WEST** on Seaside Greenway through Devonian Park
- 2 LEFT/S** through Causeway tunnel, **RIGHT/W** on Lagoon Bikeway
- 3 NORTH** across N Lagoon Dr
- 4 LEFT/W** Rawlings Trail
- 5 LEFT/N** Prospect Point Trail *view, retrace route on trail, **LEFT/S** on Bridle Trail
- ***BEAVER LAKE: EAST** on Lake Trail - 1.5km
- 6 SOUTH** Bridle Trail, **LEFT/E** Rawlings, cross N Lagoon Dr, **EAST** Lagoon Bikeway, through Causeway tunnel back to start



DISCLAIMER: This map is a route aid, not to scale, does not show all roads and trails. Information was accurate when printed, but things change! Author/Publisher disclaim any liability with use of information; your safety is your responsibility, be safe and have FUN! If you enjoyed this map, please consider purchasing the guidebook or ebook to support mapping and cycling advocacy. Check for updates, report corrections - www.lets gobiking.net ©Colleen MacDonald 2018 | updated 2019-03-01